



# Fitness mats

## General instructions

We advise you to make up a installation plan, this ensures that the most economical pattern is made, releasing minimum cutting waste. Please keep in mind a cutting loss of 5-10%, depending on the convertible space.

## Laying instructions

The mats need at least 24 hours to acclimate in the room where they will be installed. With regard to elongation and shrinkage of rubber, you need to take into account a deviation of +/- 1.5%. The tolerance in the thickness is +/- 8%.

## Gluing of the tiles

We recommend you to glue the tiles with Granuflex<sup>®</sup> rubber adhesive. The rubber tiles and the under floor should be dry. Depending on the humidity, the floor should be dried during 24 hours, before being walked on. With a Granuflex<sup>®</sup> tube of glue, you can install approximately 10-12 square meters of tiles.

## Storage

When stored in a permanent damp environment it can be that changes in size occur. There may also be colour changes occur and can cause mold. The tiles must be stored dry with sufficient air circulation. When they are stored for more than 2 months, the package need to be removed.

## Maintenance

Loose items should be regularly removed with a broom / vacuum cleaner. The floor can be made clean by a non-abrasive (neutral) cleaning soap. Do not wet the floor too much.

